

# Seaford Primary School



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16<sup>th</sup> May 2022

Dear Parents/Guardians,

As part of our science curriculum and the new statutory Health and Relationships education, throughout Term 6 we will be teaching the children about the changes that will occur in their bodies as they grow.

These RSHE lessons will be taking place from the week beginning Tuesday 7<sup>th</sup> June 2022. The areas to be covered in Year 2 are:

- Recognising the cycles of life in nature
- Discussing the natural process of growing from young to old
- Understand some changes are outside of our control and how we feel about this
- Identify people we respect that are older than us
- Recognise how our own bodies have changed since we were babies and where to put ourselves on the continuum of young to old
- Understand how and why we feel proud about becoming more independent
- Recognise the physical biological differences between boys and girls and use the correct names for parts of the body, including those that are private
- Appreciate why some parts of my body are private
- Talk about things we like about ourselves
- Understand there are different types of touch and discuss which ones we like and those we may dislike
- Recognise how to report feelings of being unsafe or unhappy and know how to ask for help
- Transition support as we move into our new year groups

Please be assured that this topic will be taught appropriately and sensitively and form part of both Science and RSHE. However, parents/guardians have the right to discuss and/or withdraw from specified areas of the curriculum. This must be done via consultation with one of the RSHE subject leaders (Mrs Roderick or Miss Robards). Please note this discussion must be had before Friday 27<sup>th</sup> May.

Thank you for your support.

Mrs Roderick and Miss Robards



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